



# Ellenbrook Combined Probus Club

## Bulletin May 2020

### President Pete's Piece

Regretfully I am unable to give you lots of news from our meetings. We haven't had any since our AGM.

Since my last Bulletin, much has happened across Australia. The majority of Probians are now in isolation. Clubs are not physically meeting, many are communicating with the benefit of technology

Out TV's are swamped with coronavirus news and presentations and it has become hard to sift what is actual fact from the opinions of so many "professors" and "media commentators".

Notwithstanding the above we must do our best and try to care of ourselves in this Social Isolation Period.

I hope you have been reading the "PSPL Stay Connected Brochures"

Speaking of PSPL on 8th April we were advised that "considering the ongoing interruption to our services and support which has been occasioned by COVID-19, the Board has agreed to grant Clubs a discount of 20% against the annual capitation fee. This means that the capitation fee for 2010-2021 will be discounted to \$12.00 per annum per member."

In addition the Active Retirees magazine will be suspended. The last issue will be the April / May issue. PSPL

will continue to produce a digital form and this will be made available to all members electronically as a free inclusion in the discounted capitation fee. In this regard I will ensure that as soon as this digital version is to hand that it is passed on to all members that have email addresses.

I am well aware of so many uncertainties and will do my best to in consultation with your Management Committee to keep you informed.

**We will get through this and come back stronger than ever on the other side.**

Yours in Fellowship—Pete

*"Communications are the nervous system of the entire SAC organization, and their protection is therefore, of the greatest importance. I like to say that without communications, all I control is my desk, and that is not a very lethal weapon."*

*Gen. T.S. Power, CINCSAC, May 1959*

I remember quoting this when I was inducted as your President and I did not expect this isolation. It rings true now

Best information click on this link <https://www.australia.gov.au/>

**FOR ESSENTIAL INFORMATION  
ON CORONAVIRUS  
PLEASE VISIT:**

**WWW.AUSTRALIA.GOV.AU**

# Virtual Lunch 6 April 20

On the date of our usual meeting—6th April a fun time was had by a few of our members by having a “Virtual Lunch”

*Food is an inherently social thing was the theme.*

*Members actually prepared and had a lunch in their own homes.... Pictures and Menu’s were shared, during the meal a real time Chat box on our web site was used to send messages back and forth.*

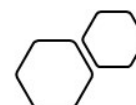
*Below is some of the results. These are also published on the Events page of our web site*

<http://ellenbrookprobus.org.au/events.html>



Ham  
 Avocado  
 Cream Cheese  
 Tomato  
 Salad  
 Sweet Potato Chips  
 Croissant  
 Cheeky Red  
 Sparkling White  
 Caramel/ Coffee Tiramisu  
 Strawberries

**The Olneys**



**Satay chicken and Rice**  
 3 tblspns satay paste  
 3 tblspns peanut butter  
 3 tblspns soy sauce  
 1 tsp sesame oil  
 1 tsp curry powder  
 Generous Squeeze of honey  
 Add half an onion if desire  
 Marinate for at least 2 hours and then  
 cook in batches and finally add small  
 tin of light coconut milk if desired.  
 Serve with rice

**The Deppelers**

# Virtual Lunch 6 April 20



Greenwoods on Riverina 6/4/20



Anonymous



Edna sipping a Red her wrap looks nice.

**Vegemite Sandwich Recipe:**

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**Prep Time**  
5 mins

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Course: Snack  
Keyword: vegemite history and recipe  
Servings: 1 serving

**Ingredients**

- Favorite bread
- Butter or margarine, softened
- Vegemite

**Instructions**

Spread butter on a piece of toast or bread. Cover very thinly with Vegemite (for the optimum Vegemite sandwich you only need a dab). Dip your knife in the Vegemite, and scrape up just a bit (it will mix right in with the butter and spread easily). Some people like to "marble" the Vegemite into the butter. Eat it open-faced and enjoy!



Anonymous

# Our Subscriptions

Hilton tells me that about 50% of the Clubs 2019/2020 members have not yet renewed their membership for this coming year 2020/2021. This is understandable because of the causes of the coronavirus and the fact that we have not been able to meet. As we can now see some "flattening of the curve" is occurring. I am confident that we will return to some sort of normality of FUN FRIENDSHIP FELLOWSHIP and still be the number one Club in and around Ellenbrook.

## PSPL SUBSCRIPTIONS

Recently we have heard from PSPL who require their subscriptions by the end of April. In recognition of the causes from the virus have offered a 20% (\$3) discount on their 'portion" of the fees they set earlier at \$15 per member. This means we need to send \$12 per member to PSPL. They have also discontinued "Active Retirees .Magazine and replaced it with a free Digital version.

It therefore seems that the following approach be reasonable-

Those members that have already paid the \$25 be entitled to a refund of \$3

Those members that have already paid for \$ 35 be entitled to a refund of \$13.

Those members that have not paid and renew the Subscription now the fee will be \$22.

## CLUB SUBSCRIPTIONS

At the AGM the annual membership fee ( not including the Magazine ) was set at \$25 per member consists of \$15 to PSPL and \$2 to PAWA \$8 to the Club. This is the only income other than Monthly Meeting Fees and Lucky Door Draw. A broad expenditure by the club includes Insurances, PO Box Rental Stationery, Computer Software, Web Page Hosting, Petty Cash, Equipment Replacement and Outings/ Dining Subsidies.

I have attached a Blank Renewal form as an attachment to the Bulletin Email. Print out this attachment, fill it in and send in by post with cheque or if making a direct deposit to the Clubs Bank account still send in the form. Please make sure you deposit is identified so it shows up on the Clubs Bank Account Statement.

Please get your renewals in !!!..... See the Cartoon below

Pete



# COVID—19

## Social Distancing

- ◇ Coronavirus is most likely to spread from person to person when we come into close contact with one another.
- ◇ We can all help stop the spread by keeping our distance.
- ◇ This means do not shake hands, or exchange physical greetings, and wherever possible, stay at least 1.5 metres away from others.
- ◇ It's also really important to practise good hygiene, especially after being in public places.

Together we can help stop the spread and stay healthy.

## Older Australians

- ◇ For most people, coronavirus is a mild disease with a quick recovery.
- ◇ But for older Australians, it can be more serious.
- ◇ To help protect those most at risk, new restrictions limiting access to aged care facilities are now in place.
- ◇ This will help reduce the risks for residents and those that care for them.
- ◇ It's also important to check up on the older people in our communities and make sure they're okay.

Together, we can help stop the spread and stay healthy.

## Help stop the spread

- ◇ Viruses spread when you cough and sneeze and the tiny droplets land on surfaces others might touch.
- ◇ You can help reduce the risk
- ◇ by coughing or sneezing into your arm or a tissue.
- ◇ Bin the tissue.
- ◇ Wash your hands with soap and water, and if you're sick, seek medical advice.

Together, we can help stop the spread and stay healthy.



Quarantine has turned us all into dogs. We roam the house all day looking for food. We are told 'no' if we get too close to strangers. And we get really excited about car rides.

**A police recruit was asked during an exam, "What would you do if you had to arrest your own mother?" The reply, " Call for backup".**



Wouldn't it be nice if you read a medicine bottle that says...  
Warning: May cause permanent weight loss, remove wrinkles, and increase energy.



We all go through the same stuff differently.

At the bank, I told the cashier, "I'd like to open a joint account please."  
"OK, with whom?"  
"Whoever has lots of money."

**Sometimes you might feel like no one's there for you, but you know who's always there for you?**

**Laundry.**

**Laundry will always be there for you.**

# Lessons—Read carefully

## LESSONS WE LEARNED IN THE PAST FEW WEEKS

1. China won the 3rd world war without firing any missiles.
2. Europeans are not as educated as they appear.
3. Rich people are in fact less immune than the poor.
4. No priest, sheikh, usthad, or astrologers could save any patient.
5. Health professionals are worth more than football legends.
6. Animals most likely feel the same way in the zoo, as we do in quarantine.
7. The planet regenerates quickly without human interference.
8. Oil is worthless in a society without consumption.
9. Majority of people can comfortably work from home
10. Everyone can survive without junk food.
11. Living a hygienic life is not at all difficult.
12. Men can cook too.
13. Media is full of nonsense.
14. Actors are just entertainers, not heroes.
15. Life is so fragile, handle with care.

## Guest Speakers     Ed

Ed advised he has deferred the speakers we had lined up.

## Birthdays—Happy Birthday to YOU !!!

### April—May Birthdays

<b>Heather Blyth</b>	<b>Sheila Cocking</b>	<b>Rhoda Counsel</b>	<b>Michael Gillespie</b>
<b>Joan Kelly</b>	<b>Maurice Monk</b>	<b>Lorraine Reed</b>	<b>Maureen Scorer</b>

## From the Secretaries Desk     Evelyn

Hi fellow Members, Just thought I would bring you up to date with what's happening in my corner of the office.

The club has over the last few weeks had several letters from Christian Porter bringing to us all the currant news that we hear on the TV or radio.

The Shire Council has also kept up to date with what's happening as well keeping us in the loop re the hire of the Hall in the Community Centre. We have had to empty our cupboards down there as the council are doing a full Pest Control whilst the building is unoccupied.

Other correspondence Ordering and receiving new Badges from Ezy Engraving.

Letter from Postmaster at Ellenbrook for payment of PO Box..

Letter to Postmaster Ellenbrook advising him of new keyholders.

Bank Statements from ANZ bank..

During this isolation time I have tried to ring as many members as I could to check on your wellbeing, and I am pleased to say how everyone is so positive, but please remember if yourself or you know someone who might be needing a little help please call and talk to Carol or myself. Looking forward to are meetings starting up again. Please renew your membership and give Hilton something to do, he is seeking at least three people who have paid with no identification If anyone wants me to forward any of Christians messages on just let me know. In friendship Evelyn.



### WHERE DID THAT PHRASE COME FROM

**Let The Cat Out Of The Bag** – reveal a secret.

Several theories found here with one being the shock and surprise one has when a cat exits a bag that it has been enclosed in. Another one is that a stall keeper in a marketplace, back in the day, would substitute a cat for a much more valuable piglet and would be exposed for fraud once the buyer would let the cat out of the bag.

## Treasurers Report



ELLENBROOK COMBINED PROBUS CLUB INC  
PO Box 2085 Ellenbrook Western Australia 6069



### BANK RECONCILIATION REPORT: For the Month of April 2020

Date of Bank Balance: 31/12/2019

<b>Balance As per Bank Statement 31/12/2019</b>			<b>\$ 4,800.39</b>
<b>Plus Deposits:</b>			
	Membership	\$ 715.00	
	PSPPL refund	\$ 100.00	
	Meeting 03/02	\$ 264.00	
	Meeting 09/03	\$ 219.50	
			\$ 1,298.50
			\$ 6,098.89
<b>Less Cheques Presented</b>			
	1544 Petty Cash	\$ 192.50	
	1545 D Depeller Functions refund	\$ 107.50	
	1546 H Linklater various	\$ 85.30	
	1547 Mundaring Sporting Club	\$ 100.00	\$ 485.30
		<b>Sub Total:</b>	\$ 5,613.59
Outstanding Deposit	Membership	\$ 100.00	\$ 100.00
<b>Less Cheques Drawn:</b>	1548 P. Olney	\$ 215.94	<b>\$ 215.94</b>

### BANK BALANCE AS AT 20/04/2020

	<b>Sub Total:</b>	<b>\$ 5,497.65</b>
<b>Balance as per Bank Account: As at 20/04/2020</b>		<b>\$ 5,497.65</b>
<b>Plus Outstanding Deposits</b>		\$ -
	<b>Sub Total:</b>	<b>\$ 5,497.65</b>
<b>Less Unpresented Cheques:</b>		
		\$ 5,497.65
<b>out standing invoices</b>		nil
	Petty Cash on hand	\$ 118.80
	<b>Available funds to the club</b>	<b>\$ 5,616.45</b>

Report Prepared by: Hilton Linklater 20/04/2020

### CASH BOOK RECONCILIATION REPORT:

#### For the Month of February 2020

Opening Bank Balance 31/12/2019	\$ 4,800.39
Total Income For Year To Date	\$ 1,398.24
Total Expenditure Year To Date	\$ 701.24

Balance as at 20/04/2020

**\$ 5,497.65**

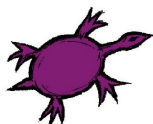
Hilton has not been able to identify several unidentified payments into Club. Please check your bank to see if your payment is identified - if not ring Hilton on Tel: 6296 7029 / 0419 949 018

# Photographic Competition ( THIS IS STILL ON! )

- ◇ Get your SUMMER Entries IN!!!
- ◇ Please upload your images to email: [photoellenprobus@gmail.com](mailto:photoellenprobus@gmail.com)
- ◇ Great prizes
  - ⇒ First ....Camera from Camera House
  - ⇒ Second.... is Lunch for 2 and Edgecombe Brothers in the Swan Valley
  - ⇒ Third ....is a selection of books from Dymocks



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Facebook: <https://www.facebook.com/dymocks.ellenbrook>  
Instagram: <https://www.instagram.com/dymocksellenbrook/>

# Management Committee 2020-2021 Contacts

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<b>Webmaster: Ron Chambers</b>	<b>Past President: Ed Reed</b>	<b>Financial Checker : Trish McGreevy</b>
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**Them:** What inspires you to get out of bed every morning?

**Me:** My bladder mostly.

**I Thought The Dryer Made My Clothes Shrink.  
Turns Out It Was The Refrigerator.**

## The Vasco da Gama Adventure ..Ron and Gill Chambers

Ron is a key member of the Ellenbrook Combined Probus Club



When we made the booking in November 2018 for a cruise of a lifetime little did we realise that it would be more than the adventure we imagined.

On the 23<sup>rd</sup> of February our trip started off as a normal cruise would, with us flying from Perth to Singapore to join the Vasco da Gama. Whilst in Singapore we took the opportunity to visit the Jewel, a magnificent garden set up adjacent to the airport.



### *The water fountain at the Jewel*

From there we went straight to the ship and boarded to commence the first stage of cruise, which was a 15 night cruise of South East Asia. At this stage signs of the corona virus becoming a problem were not obvious so we settled back to enjoy the comforts of the ship.

As we were sailing to our first destination, we were informed that the ports we were going to dock at were different from those indicated on the itinerary. This did not concern us greatly, in fact it made us less worried as we assumed that this would work out for our good by not going to places which were possibly dangerous. We continued on the 15 night cruise back

to Singapore with no further concerns about corona virus outbreaks occurring.

On arriving back to Singapore there were some indications that there seemed to be more concern about the spread of corona virus even though we were able to move about Singapore quite freely whilst waiting for the departure of the ship to begin the longest part of our cruise, namely to London

### Singapore Roundtrip

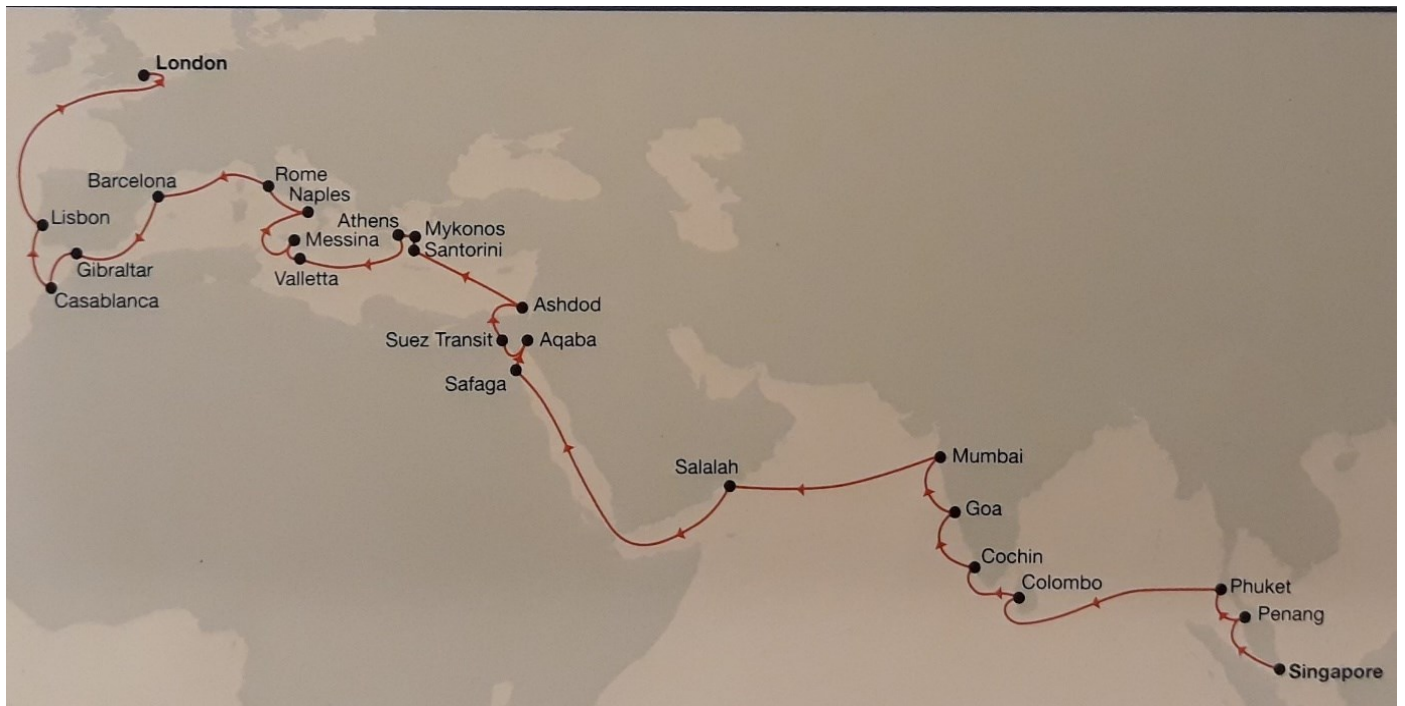
15 Nights | Vasco da Gama

Depart 2020: 24 Feb

Depart 2021: **15 Feb**



*Our trip from Singapore to London*



As we were leaving Singapore, we were informed that our first scheduled stop, namely Penang had been cancelled, as the Malaysian authorities would not allow us to dock there and we would now proceed straight to Phuket. On arriving at Phuket two things happened. Firstly, once again we were not allowed to dock. Secondly, a passenger was transported from the ship to the Phuket hospital because they had a bad lung infection. After waiting just outside of Phuket for three days we were informed that the passenger had pneumonia and had been tested for corona virus twice with both results being negative.

It was then that we were informed that the remainder of the cruise had been cancelled due to the fact that the ports we were intending to go to were all starting to ban us from docking. Fortunately, we were informed that we would be given a full refund for the cruise from Singapore to London, plus discounts on future trips. Whilst we were disappointed, we were starting to appreciate that we had no corona virus on board and in fact we were in the best place to be during this apparent exponential spread of the disease.

The next piece of information to come to us was the plan to get us off the ship. The plan was to travel back to Vietnam, rendezvous with the Columbus, its sister ship, to pick up Australian and New Zealand passengers from them and to transfer British and European passengers from our ship to the Columbus. That plan was foiled very shortly afterwards as Vietnam decided that they did not want us in their waters. So, Plan B was devised, namely to meet the Columbus in international waters off Phuket and then once the transfer was achieved the Vasco da Gama would sail back to Fremantle and the Columbus would sail onto London. Two days later this was achieved in a very professional manner.

*In this photo of the transfer you can just see the small tenders, that were used to transfer the passengers, just off the right side of the Columbus.*



The crew on the Vasco da Gama were very professional and looked after us as if we were still on the cruise, providing food entertainment and continuing to service our cabins as if nothing unusual had happened, The even provided us with free Wi-Fi, although it was on the weak side and unreliable.

On arriving at Fremantle, we were transferred to Rottnest Island for an all expenses paid holiday, even if we were not allowed to leave the confines of our cabin area. Security was very evident from the time we disembarked from the Vasco da Gama at Fremantle until we left Rottnest. Not only were we escorted over to Rottnest Island by a high speed Australian Border Patrol boat we also had a security guard going passed our gate about eight times a day as well as a police patrol once or twice a day.

*We could go as far as the front and back gate.*





*A day's supply of food , they even didn't forget the toilet rolls and we even were able to enjoy the company of the ubiquitous quokkas*

*Here we are arriving back from Rottneest Island*

RON



Finally, we made it home to lovely Ellenbrook to enjoy the comforts of our house whilst being encouraged to only go out if necessary.

It is a cruise will shall never forget because it was an adventure of a lifetime.

Ron and Gill Chambers